



Rest, Refresh, Rejuvenate

2024 Programme of one day silent retreats for those working in Health and Social Care

*led by Dr Julia Ronder, Reverend Lizzie Hoprow & Lorraine Millard
for The Kent Group of the Janki Foundation*

Dates:

Book online:

Saturday 27th January

JanuaryQuietView.eventbrite.com

Saturday 27th April

AprilQuietView.eventbrite.com

Saturday 15th June

JuneQuietView.eventbrite.com

Saturday 19th October

OctoberQuietView.eventbrite.com

*All 10.30am - 4pm
The Quiet View, Canterbury*

*For any queries email
EventsAssistant123@gmail.com*

