



The Janki Foundation for Spirituality in Healthcare is a UK charity promoting spirituality in healthcare. The Foundation acknowledges the central role of positive thoughts and feelings, compassion and kindness in maintaining wellbeing and preventing illness.

www.jankifoundation.org
Registered Charity No. 1063908



The Brahma Kumaris World Spiritual University (UK) teaches Raja Yoga as a way of experiencing peace of mind and a positive approach to life.

www.brahmakumaris.org/uk/leicester
Registered Charity in England & Wales No: 269971 and Scotland (SCO40512)

Registration for Shining Light on Death

Registration is essential as places are limited and lunch will be provided.

Please go to 'Forthcoming Events' page on www.jankifoundation.org and complete registration form for the event.

A certificate of attendance for Continuous Professional Development (CPD) may be requested at the event.

There is no charge for this event but voluntary contributions are welcome.

For more information contact:

events@jankifoundation.org 020 8459 1400 or 0116 2168430



The Brahma Kumaris Leicester
Harmony House, 122 Ross Walk
Leicester LE4 5HH

(For sat nav use LE4 5HA)



Shining light on death

A study day supporting healthcare professionals - especially for those in the caring professions, palliative care and hospice workers, GPs, Chaplains, grief counsellors and those who are caring for dying friends or family.

In the presence of someone who is nearing the end of their life, not knowing what to say or do can be daunting, frightening or even embarrassing. There is a natural concern about not wanting to offend or cause pain by saying the 'wrong' thing. But being with someone who is dying can also be experienced as the greatest privilege of all. Perhaps we should think less about what to say or do and more about how to practise the particular qualities of being gracefully present and respectful. It may be that just by 'holding the space' we're doing enough, and the basic requirement for that is the capacity to be compassionately human-- the greatest enabler of all.

Saturday 21st September 2019 9.30am – 4.30pm

The Brahma Kumaris Leicester, Harmony House
122 Ross Walk, Leicester LE4 5HH

Free Admission but registration required – details at the end of flyer.



The Janki Foundation
for Spirituality in Healthcare
Putting heart into healing



BRAHMA KUMARIS
WORLD SPIRITUAL UNIVERSITY (UK)



Shining Light on Death is concerned with the spiritual aspects of care - the role of acceptance, kindness, humility and compassion as well as consideration and respect for the sense of the sacred. By the end of the event participants will have explored a range of responses when in the presence of someone who is dying.

Speakers



Dr Peter Fenwick

Dr Fenwick is an eminent neuropsychiatrist. For many years he has sought to deepen understanding in science and medicine by going beyond our current materialistic paradigm. He has published numerous scientific papers on brain function and also spirituality and meditation and has co-authored with his wife Elizabeth *The Art of Dying* (2008).



Rev Andrew Martin

Rev Andrew Martin is Lead Spiritual Care Chaplain at LOROS hospice. He has spent most of his working life as a nurse in the NHS specialising in care of those living with dementia. After being ordained as a Permanent Deacon in the Roman Catholic Church (2010), he joined LOROS hospice in 2011 initially as a chaplain and also nurse in their Education and Research department.



Maureen Goodman

Maureen Goodman is the Programme Director for the Brahma Kumaris UK and the Brahma Kumaris representative at the United Nations, Vienna. As well as her international work in inter-religious dialogue she has worked with a variety of community groups, developing the University's outreach work in prisons, healthcare, education, youth and women's issues and interfaith dialogue in the UK.

Shining light on death



MC: Anne Richardson

Anne Richardson is a Senior Sister in the Intermediate Care Team, Northamptonshire. Since 2005 she has been working in providing a home alternative to often scary hospital admissions. She has worked in various fields of nursing for over 40 years including nursing patients at the end of their lives.



MC: Dr Sarah Egger

Dr Egger is Chair of the Janki Foundation. Throughout her professional life as a consultant psychiatrist she has worked at the interface of spirituality and mental health.

Programme

9.15 - 10.00	Registration and Tea/Coffee
10.00 - 10.15	Welcome & Introductions – Dr Sarah Egger & Anne Richardson
10.15 - 11.15	<i>What happens when you die?</i> Dr Peter Fenwick
11.30 - 12.20	<i>What the Dying want matters</i> Rev Andrew Martin
12.30 - 13.30	Lunch
13.30 - 15.00	<i>Workshop - Being compassionately present with those who are dying</i> (Small groups)
15.00 - 15.20	Refreshments
15.30 - 16.10	<i>Facing our Fear of Death - Spiritual aspects of dying</i> Maureen Goodman
16.10 - 16.30	Closure

The day will be interwoven with music, poetry, reflections and rap.