

The Janki Foundation for Global Health Care

The Janki Foundation for Global Health Care is a UK based charity which is managed and run by volunteers. The Foundation provides all its activities free of charge.

The Foundation:

1. Encourages whole-person healthcare, an approach that considers the needs of practitioners and patients at the levels of body, mind and spirit.
2. Encourages the integration of a spiritual model in modern health care. It does this through dialogue and training and holds regular seminars, lectures, workshops and retreats.
3. Empowers healthcare practitioners to take a values-based approach to their learning and practice to support their well-being. It does this through its educational training programme, *Values in Healthcare: a spiritual approach*. The Foundation has held several trainings in the UK and abroad since the launch of the programme in 2004 and has run the full or part programme in various healthcare settings in the UK.
4. Supports patients through the materials it produces. In 2008, it published *Lifting Your Spirits - seven tools for coping with illness*, a self-help book with 2 CDs. The second edition was printed in 2009. A second book *The Heart of Well-being - Seven tools for surviving and thriving* was published in August 2010 together with the British Holistic Medical Association. The Foundation has also produced various booklets and inspirational material.
5. Gives regular financial support to Global Hospital & Research Centre (GHRC), a hospital based in Mt Abu, India, (www.ghrc-abu.com; www.supportghrc.com), an area where poverty is high and there is acute shortage of health care. Most of the local villagers receive the hospital's services free of charge. Advice is also given by the Foundation on various projects undertaken by the hospital.

The Foundation welcomes contributions from those who wish to help further its work. Donations made are used to support the Foundation's regular educational events and the promotion of the *Values in Healthcare* programme, and the work of the Global Hospital & Research Centre.

Thank you for your interest and support.